

Pacific Swimming/ Sunnyvale Swim Team (SUNN)
10 & Under Short Course Championships
Saturday April 26, 2008

Enter online at: <http://swimconnection.com/pc/meet/sunn>

SANCTION: Held under USA/Pacific Swimming Sanction No.: **0338**

LOCATION: Sunnyvale Swim Complex, Fremont High School, 1283 Sunnyvale-Saratoga Ave. Sunnyvale, CA 94087. From Highway 280, exit N. De Anza Blvd. (Sunnyvale-Saratoga Ave.), travel north on Sunnyvale-Saratoga Ave. until it reaches Fremont Ave. The pool is between the school's main entrance and the football field. There are two parking lots. Parking lot in the front of Fremont High School will be held for meet officials, swim coaches, and a few limited spots for participants. Additional parking is available on the west side of the school campus off Fremont Ave. PLEASE DO NOT PARK AT THE ADULT EDUCATION BUILDING ON FREMONT AVE. Additional swim meet parking will be marked.

COURSE: Outdoor 50 meter by 25 yard heated pool. Up to ten 25-yard lanes will be used for competition. Warm-up/cool-down area will be available during the meet.

TIME: Meet begins at 9:00 AM on Saturday with warm-up from 7:30 to 8:45 AM

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course. Swimmers may compete in FOUR (4) individual events, plus relays. A swimmer may ONLY compete in one (1) Free and one (1) Medley relay. All events are timed finals. Events will be swum slowest to fastest starting with non-conforming long course meter (LCM), non-conforming short course meter (SCM), then conforming short course yards (SCY). All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. If the Head Referee and Meet Director determine a scratch down is necessary, immediate cash refund will be available. If necessary, the Head Referee, in concurrence with the Meet Director, may call for a break at an appropriate time between events.

CHECK: <http://swimconnection.com/pc/meet/sunn> for session open or closed status.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectators seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No glass is permitted on the pool deck and facilities. No tents will be allowed on the pool deck or any other area within the pool's fenced complex and no unauthorized cars may park on the lawn areas. Only coaches E-Z ups will be allowed on the pool deck. Access to the working area of the pool deck will be restricted to officials, timers, swimmers, coaches and meet staff.

ELIGIBILITY: Swimmers must be current members of USA-S /PC and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. All swimmers must be registered in the Pacific LSC. Entry times submitted will be checked against a computer database and may be changed or denied in accordance with Pacific Swimming Entry Time Verification Procedures. Swimmers must be 10 or younger as of the day of the meet. Swimmers 11 and older are not eligible for this meet.

Swimmers may compete in no more than 4 events (not including relays) with restrictions as follows: Swimmers must have met the meet time standard for each event entered. Relay swimmers must either be entered in an individual event or must be on the "Relay Only Swimmer's Pre Entry Form" (page 5, submitted by the entry deadline) or will not be allowed to compete.

RELAYS: Relay entries will be due on the day of the meet, at a time to be announced at the beginning of the meet, and will be deck seeded. Payment is due at the time of entry.

CHECK-IN: The meet will be deck seeded. Swimmers must check in at the Clerk-of-Course. The close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check in will not be allowed to compete in the event.

SCRATCHES: Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in the meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts the proof that the failure are caused by illness, injury or other circumstance that were beyond the control of the swimmer.

TWO OPTIONS FOR ENTRIES:

Option 1: Online Meet Entries:

Enter at: <http://swimconnection.com/pc/meet/sunn> to receive immediate confirmation of acceptance via email. *No online entries after 6:00 PM Wednesday April 16, 2008. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

Option 2: Surface Mail Entries:

All mailed entries must be submitted on Consolidated Entry Cards. All entry times shall be noted by (SCY), (LCM), (SCM), to the **LEFT** of the entry time. [SCY = short course yards; LCM = long course meters; SCM = short course meters]. DO NOT CONVERT TIMES USING ANY CONVERSION FORMULAS. "No Time" entries will **NOT** be accepted. Entries must be postmarked by **midnight Monday, April 14th 2008, or delivered by 6:00 PM on Wednesday April 16th 2008.** FAX entries and late entries will NOT be accepted. No refunds will be made, except mandatory scratches

ENTRY FEES: \$2.25 per individual event. Please add \$5.00 per swimmer participation fee.

RELAY FEES: \$7.00 per relay team

Please make checks payable to "Sunnyvale Swim Team" and mail with entries to:

**Christine Brotherton-Pleiss
Meet Entries
848 Stella Court
Sunnyvale, CA 94087-1355**

OVERNIGHT MAIL: use above address. Waive signature requirement please. To confirm entries have been received, please include a self-addressed, stamped envelope or postcard with your entries.

AWARDS: Awards will be given by age separately to 10, 9, 8, 7 year olds and to 6 & Under. Swimmers earning first, second and third place awards will receive a distinctive award. Ribbons will be awarded for fourth through eighth places. High points trophies will be awarded to the girls and boys with the most points scored for 10, 9, 8, 7 year olds, and 6 and under. Events are designated as 9-10, 8/Under, and 6/Under except relays. Events for age group 9-10 will be scored separately for 10 and 9 year olds. Events for age group 8/un will be scored separately for 6/un, 7 and 8 year olds. Events for age group 6/under will be scored without age distinction.

INDIVIDUAL EVENT SCORING: 9, 7, 6, 5, 4, 3, 2, and 1 point(s) for First through Eighth place **by age.**

RELAY AWARDS: Top 3 teams per event will receive awards.

REFRESHMENTS: Snack bar available. Refreshments and lunch will be provided free to coaches and working officials.

ADMISSION: Free. Programs will be for sale at the meet.

OFFICIALS: Head Referee: **Lloyd Yoshida** Head Starter: **Harrison Race**
Meet Director: **Patrice Sera** sunmeets@yahoo.com (408) 368-7210
Head Meet Marshal: **Mike Hacker**

**SCHEDULE OF EVENTS
SATURDAY APRIL 26, 2008**

EVENT #	EVENT #	AGE	
Girls	Boys	GROUP	EVENT
1	2	9-10	500 FREE
3	4	9-10	100 BREAST
5	6	8-UN	25 FREE
7	8	9-10	100 IM
9	10	8-UN	25 BREAST
11	12	9-10	100 FLY
13	14	8-UN	25 FLY
15	16	9-10	100 BACK
17	18	8-UN	25 BACK
19	20	10-UN	200 FREE RELAY
21	22	8-UN	100 FREE RELAY
23	24	9-10	200 FREE
25	26	8-UN	100 FREE
27	28	9-10	50 FREE
29	30	8-UN	50 BREAST
31	32	9-10	50 BREAST
33	34	8-UN	100 IM
35	36	9-10	200 IM
37	38	8-UN	50 FLY
39	40	9-10	50 FLY
41	42	8-UN	50 BACK
43	44	9-10	50 BACK
45	46	8-UN	50 FREE
47	48	9-10	100 FREE
49	50	8-UN	100 MEDLEY RELAY
51	52	10-UN	200 MEDLEY RELAY

Page Four (4) of this meet sheet has the 2008 10-U Championship Time Standards

2008 10-UN CHAMPIONSHIPS TIME STANDARDS

	GIRLS				BOYS		
SCY	SCM	LCM		LCM	SCM	SCY	
			6 / Under				
27.09	30.19		25 Free		29.59	26.59	
1:00.09	1:06.79	1:08.39	50 Free	1:08.29	1:05.69	59.09	
1:54.59	2:07.29	2:10.49	100 Free	2:07.19	2:03.99	1:51.59	
30.89	34.39		25 Back		34.09	30.59	
1:09.09	1:16.79	1:17.39	50 Back	1:17.39	1:16.19	1:08.59	
34.09	37.89		25 Breast		37.69	33.89	
1:15.89	1:24.29	1:25.29	50 Breast	1:25.29	1:23.99	1:15.59	
32.59	36.29		25 Fly		35.69	32.09	
1:14.59	1:22.89	1:23.59	50 Fly	1:23.59	1:22.69	1:14.39	
2:21.09	--	--	100 I.M.	--	--	2:19.09	
			8 / Under				
19.49	21.69		25 Free		20.49	18.39	
42.99	47.79	48.19	50 Free	46.09	45.49	40.89	
1:35.29	1:45.89	1:46.59	100 Free	1:40.09	1:38.89	1:28.99	
23.19	25.79		25 Back		25.29	22.69	
51.59	57.39	57.89	50 Back	56.69	56.09	50.49	
24.79	27.59		25 Breast		27.09	24.29	
55.29	1:01.49	1:01.89	50 Breast	1:01.39	1:00.89	54.79	
21.59	24.09		25 Fly		22.39	20.49	
52.59	58.49	58.99	50 Fly	58.39	57.89	52.09	
1:49.29	--	--	100 I.M.	--	--	1:45.09	
			9 / 10				
36.19	40.19	40.89	50 Free	40.39	39.69	35.59	
1:22.09	1:31.49	1:32.99	100 Free	1:31.09	1:29.59	1:19.99	
2:58.29	3:20.69	3:23.79	200 Free	3:13.99	3:10.89	2:50.89	
7:39.49	6:49.49	6:55.79	400/500 Free	6:52.69	6:45.39	7:35.19	
43.49	49.19	49.89	50 Back	50.49	49.19	43.89	
1:33.99	1:47.39	1:48.89	100 Back	1:46.09	1:42.99	1:32.49	
47.79	54.19	54.89	50 Breast	55.09	54.19	48.19	
1:46.69	2:00.89	2:02.39	100 Breast	1:59.79	1:55.59	1:44.79	
42.99	47.89	48.59	50 Fly	46.89	45.39	41.99	
1:42.09	1:54.69	1:56.19	100 Fly	1:53.99	1:52.59	1:40.59	
1:34.39	--	--	100 I.M.	--	--	1:31.39	
3:19.39	3:44.19	3:47.29	200 I.M.	3:44.79	3:44.19	3:18.09	

