

## **DACA Swimming**

### **Return to the Pool Plan**

#### ***PPE Requirements:***

- All staff wear masks at all times
- All athletes wear masks entering and exiting the facility, on deck, during dryland activities, and in waiting areas
  - Exceptions will be made for athletes with conditions prohibiting them from wearing a mask (with medical documentation)

#### ***Social Distancing Requirements:***

- Athletes and coaches maintain (minimum) 6 feet distance between individuals at all times
  - Socially distanced markers at facility entrance (athletes will line up before entering)
  - Socially distanced markers on pool deck to place personal items
  - Socially distanced exit route

#### ***Facility Procedures:***

- Separate (one way) entrance and exit routes/gates
  - Entrance and exit routes will not cross paths
- Locker rooms will be closed (No showering on site)
- Pool deck restrooms available for single use only
- Personal item markers and restrooms will be sanitized following each practice group
- 15 minute gaps between the start and end of each practice session
  - This time will be used to sanitize
  - Athletes from the previous practice must be off deck walking the exit route before next group enters
- If the authorities recommend temperature checks, they will be taken at the entrance

#### ***Athlete/Family protocol:***

- Arrive and depart in swim suit (clothes on top is ok)
  - No changing or showering at the facility
- Athletes may not arrive more than 10 minutes before their scheduled practice time
  - Wait in car if earlier than 10 minutes
- Line up on entrance markers at entrance
- Athletes walk socially distanced to their assigned marker on pool deck
  - Athletes arriving late (after the practice start time) will not be allowed to practice
- Practice with 1-2 swimmers per lane (starting from opposite ends of the pool)
- Athletes depart facility as a socially distanced group to the pick-up area
- Pick up area with socially distanced markers
  - Athletes must be picked up promptly at the end of practice
- Parents/spectators will not be allowed in the facility during practices and should practice social distancing when picking up their athlete
  - DACA will comply with all MAAPP by staffing at least 3 coaches at each practice session
- Athletes must come with their own equipment (no sharing)
- No storing of equipment at facility

***\*\*Any families or athletes not complying with safety protocols may have participation suspended***

***Criteria to attend practice must be met by the athlete and all members of the household:***

- No contact with anyone with a positive Covid-19 test in the last 14 days
- No temperature or Covid-19 symptoms (cough, difficulty breathing or any other symptoms listed by the CDC) within the last 14 days
- Have not traveled out of the area in the last 14 days

***Any athlete experiencing any COVID- 19 symptoms or has had exposure to someone with symptoms should stay home and seek medical advice***

***Positive test procedure***

- If an athlete tests positive – please notify the staff as soon as possible!
  - The facility will be shut down for deep cleaning
  - Membership will be notified